

# 2026 ANNUAL CAIRIBU MEETING SCHEDULE AT A GLANCE



(times may not match up exactly with times in the detailed program)

**December 9-11 on the UW-Madison Campus**  
**All meeting activities are in The Memorial Union (800 Langdon Street)**

| (all times are<br>CENTRAL<br>TIME) | TUES, Dec 8, 2026                                                                                                                                                                                                                | WED, Dec 9, 2026                                                                                                                                                                             | THURS, Dec 10, 2026                                                                                                                                                                                                                                                                            | FRI, Dec 11, 2026                                                                                                                                                          |
|------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8:00 AM                            |                                                                                                                                                                                                                                  | <b>Pre-Meeting</b><br><br>for trainees and early-stage investigators                                                                                                                         | <b>CAIRIBU Meeting Day 2</b><br><br>- Breakfast buffet<br><br>- Keynote speakers<br>- Networking sessions<br>- Uro-aging discussions<br>- Research breakouts<br>- Scientific sessions<br>- AM refreshments<br><br>- Lunch buffet<br><br>- Scientific sessions<br>- Awards<br>- PM refreshments | <b>CAIRIBU Meeting Day 3</b><br><br>- Breakfast buffet<br><br>- Scientific sessions<br>- Keynote speaker<br>- Panel<br>- More breakouts<br>- Late morning refreshments     |
| 8:30                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 9:00                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
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| 10:00                              |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 10:30                              |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 11:00                              | <b>EARLY MEETINGS</b><br>Potential pre-scheduled meetings for those who arrive a day early (e.g., Urobiome RIG work groups, Aging RIG work groups, etc.)<br><br>Could arrange for groups to have meeting rooms at Memorial Union | <b>LUNCH BUFFET</b><br><br><b>12:30 PM begin</b>                                                                                                                                             |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 11:30                              |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 12:00                              |                                                                                                                                                                                                                                  | <b>CAIRIBU Meeting Day 1</b><br><br>- Lunch buffet<br><br>- Keynote speaker<br>- Scientific sessions<br>- Panel<br>- PM refreshments<br>- Interest groups<br>- Awards<br><br>- Dinner buffet |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 12:30                              |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 1:00                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 1:30                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 2:00                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 2:30                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 3:00                               | <b>Check into hotel</b><br>(for those arriving early)                                                                                                                                                                            |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                | <b>BONUS CONTENT</b><br>Considering potential “bonus content” for those sticking around<br><br>Could be a workshop, working group meetings, or even a seminar of some sort |
| 3:30                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 4:00                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 4:30                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 5:00                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 5:30                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 6:00                               | <b>Trainee and ESI Networking Reception</b><br><br>(The Graduate Hotel, 601 Langdon St.)                                                                                                                                         | Poster Session 1 and Reception                                                                                                                                                               | Poster Session 2 and Reception                                                                                                                                                                                                                                                                 |                                                                                                                                                                            |
| 6:30                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 7:00                               |                                                                                                                                                                                                                                  | Dinner buffet<br>(together, as a group)                                                                                                                                                      | Small Group Dinners<br>(on your own)                                                                                                                                                                                                                                                           |                                                                                                                                                                            |
| 7:30                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 8:00                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |
| 8:30                               |                                                                                                                                                                                                                                  |                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                            |

*Collaborating for the Advancement of Interdisciplinary Research in Benign Urology*



## 9<sup>th</sup> ANNUAL CAIRIBU MEETING

**2026 ANNUAL CAIRIBU MEETING PLANNING COMMITTEE:** Alexis Adrian (postdoc, UW-Madison U54 Center), Cindy Amundsen (Duke KURE), Jonathan Ellison (Med College of Wisconsin), Jennifer Hammel (Duke K12 Scholar), Jim Hokanson (Med College of Wisconsin), Thaissa Horne (post-bac researcher, Virginia Health Sci at Old Dominion P20 Center), Alison Huang (UCSF KUroEpi), Giulia Ippolito (Univ Michigan K12 Scholar), Zohreh Izadifar (Boston Children's), Ashley Jackson (Nationwide Children's), Muthuvel Jayachandran (Mayo Clinic P20 Center), Mike Neugent (UT Dallas, soon-to-be at Univ Rochester), Laura Pascal (Univ Pittsburgh prior U54 Center), Jon Pollack (Stanford Univ U54 Center), Kim Stietz (UW-Madison U54 Center), Nick Steers (Columbia Univ U54 Center), Whitney Sweeney (UW-Madison CAIRIBU Interactions Core co-investigator), Nathan Tykocki (Michigan State, prior P20 Center)

### WEDNESDAY, DECEMBER 9

**Memorial Union, Great Hall (800 Langdon Street, 4<sup>th</sup> floor)**

10:00 AM to 12:30 PM **BADGE PICK UP:** Pick up your name badge and other meeting materials at the welcome table

11:45 to 12:30 PM **BUFFET LUNCH AVAILABLE**

12:30 PM **WELCOME:** [Kristina Penniston, PhD](#), Distinguished Scientist, UW-Madison; PI, CAIRIBU Interactions Core

12:40 PM **KEYNOTE SPEAKER:** [Ron Korstanje, PhD](#), The Jackson Laboratory, Professor, Evnin Family Chair

1:20 PM **SESSION 1: PELVIC PAIN, IC/BPS, AND NEURO-URO**

**Moderators:** [Tamryn Jordan](#), graduate student & [Kim Keil Stietz, PhD](#) (both at University of Wisconsin-Madison)

3:15 PM **PANEL: Clinician-Prioritized Research Agenda for Pediatric Urology: Process, Findings, and Outcomes**

**Moderator:** [Aruna Sarma, PhD, MHA](#) (University of Michigan)

- [Vinaya Bhatia, MD](#) – University of Wisconsin-Madison, Assistant Professor of Pediatric Urology (*K12 Scholar, UW-Madison KURE Program*)

- [Lauren Corona, MD](#) – Vanderbilt University, Assistant Professor of Pediatric Urology

- [Jonathan Ellison, MD](#) – Medical College of Wisconsin & Wisconsin Children's Hospital, Assistant Professor of Pediatric Urology (*Co-Investigator, CAIRIBU Urology P20 FORWARD Center*)

3:45 PM **BREAK (15 min) – Refreshments available**

4:00 PM **SESSION 2: BLADDER AND URETHRA**

**Moderators:** [Anne-Catrin Uhlemann, MD, PhD](#) (Columbia University) & [Monica Ridlon, PhD](#) (Michigan State University)

5:45 PM **POSTER SESSION 1** (with cash bar reception until 7:30 PM)

7:15 PM **AWARDS**

7:30 PM **GROUP DINNER @ Memorial Union**



### THURSDAY, DECEMBER 10

7:15 AM **BREAKFAST** (available until 8:30 AM)

8:00 AM **CAIRIBU INTERACTIONS CORE**, [Kris Penniston, PhD](#), PI, CAIRIBU Interactions Core

8:15 AM **KEYNOTE SPEAKER:** [Alexis Bakos, PhD, MPH, RN](#), National Institutes of Health, National Institute on Aging

|          |                                                                                                                                                                                                                                                                                                                                                                                                                       |
|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8:50 AM  | <b>SESSION 3: BENIGN PROSTATE AND LOWER URINARY TRACT SYMPTOMS</b><br><b>Moderators:</b> Renee Vickman, PhD (Endeavor Health) & Kazumi Taguchi, MD, PhD (University of Alabama Birmingham)                                                                                                                                                                                                                            |
| 10:30 AM | <b>BIO BREAK (20 min) – Grab &amp; go refreshments available</b>                                                                                                                                                                                                                                                                                                                                                      |
| 10:50 AM | <b>CONCURRENT BREAKOUT SESSION 1: <i>Urological implications of aging*</i></b><br><div> <div> (1) Aging prostate<br/> (2) Aging bladder<br/> (3) Aging workforce<br/> (4) Aging patients (implications for surgery, outcomes, access, disparities, etc.)<br/> (5) Aging population (implications for public health) </div> <div> *For goals and discussion questions within these groups, see last page </div> </div> |
| 12:00 PM | <b>GROUP LUNCH (45 min)</b>                                                                                                                                                                                                                                                                                                                                                                                           |
| 12:45 PM | <b>CAIRIBU COLLABORATION AWARDS 2026 – Introductions</b><br>1. Nicole Gilbert, PhD – Washington University<br>2. Zohreh Izadifar, PhD – Boston Children’s Hospital/ Harvard University<br>3. Alexis Dieter, MD - MedStar Health Research Institute/ Georgetown University                                                                                                                                             |
| 1:00 PM  | <b>SESSION 4: KIDNEYS, URETERS, AND UROTHELIUM</b><br><b>Moderators:</b> William Spanier, graduate student (University of Alabama Birmingham) & James Brooks, MD (Stanford University)                                                                                                                                                                                                                                |
| 2:40 PM  | <b>REPORTS – Concurrent Breakout Session 1</b> (brief synopses from reporters of each group)                                                                                                                                                                                                                                                                                                                          |
| 3:05 PM  | <b>ANNOUNCEMENTS</b>                                                                                                                                                                                                                                                                                                                                                                                                  |
| 3:10 PM  | <b>BIO BREAK (20 min) – Grab &amp; Go refreshments available</b>                                                                                                                                                                                                                                                                                                                                                      |
| 3:30 PM  | <b>KEYNOTE SPEAKER:</b> <u>Nicholas Steers, PhD</u> , Columbia University, Assistant Professor of Medical Sciences                                                                                                                                                                                                                                                                                                    |
| 4:00 PM  | <b>CONCURRENT BREAKOUT SESSION 2: <i>Research interest groups (RIGs) and special topics</i></b><br>(1) Uro-Immunology RIG<br>(2) Kidney Stone RIG<br>(3) BPH RIG<br>(4) AI for research productivity<br>(5) Urology trivia                                                                                                                                                                                            |
| 5:00 PM  | <b>SESSION 5: BEST ABSTRACTS</b><br><b>Moderator:</b> TBD<br>1. TBD<br>- Title.....<br>2. TBD<br>- Title.....<br>3. TBD<br>- Title.....                                                                                                                                                                                                                                                                               |
| 5:30 PM  | <b>CAIRIBU COLLABORATION AWARDS 2026 – Introductions</b><br>1. Lindsey Burnett, MD, PhD – University of California San Diego<br>2. Nicholas Steers, PhD – Columbia University<br>3. Dudley Lamming, PhD – University of Wisconsin-Madison                                                                                                                                                                             |
| 5:45 PM  | <b>POSTER SESSION 2</b> (with cash bar reception until 7:30 PM)                                                                                                                                                                                                                                                                                                                                                       |
| 7:30 PM  | <b>SMALL GROUP DINNERS ON YOUR OWN</b>                                                                                                                                                                                                                                                                                                                                                                                |

# FRIDAY, DECEMBER 11

7:15 AM **BREAKFAST** (available until 8:30 AM)

8:00 AM **CAIRIBU COMMUNITY UPDATE**  
**Kris Penniston, PhD**, PI, CAIRIBU Interactions Core and **Chris Mullins, PhD**, Project Scientist, NIH-NIDDK

8:15 AM **REPORTS – Concurrent Breakout Session 2** (brief synopses from reporters of each group)

8:40 AM **Leadership in the CAIRIBU Community and Beyond**  
**Whitney Sweeney, PhD**, CAIRIBU Interactions Core Co-Investigator and Scientist, UW-Madison Institute for Clinical and Translational Research

8:50 AM **PANEL: Putting Research Into Clinical Practice**

**Moderator: Giulia Ippolito, MD, MS** (University of Michigan)

- **Alison Huang, MD, MPhil** – University of California San Francisco, Professor of Medicine, Urology, and Epidemiology & Biostatistics (*PI, UCSF KUroEpi Program*)

- **Adam Konopka, PhD** – University of Wisconsin-Madison, Assistant Professor, Department of Medicine, Geriatrics and Gerontology

- **Emily Coffey, DVM, PhD** – University of Minnesota, Assistant Professor of Small Animal Medicine (*CAIRIBU Urobiome Research Interest Group*)

9:30 AM **CONCURRENT BREAKOUT SESSION 3: Research interest groups (RIGs) and special topics**

- (1) Uro-Aging RIG
- (2) Urobiome & Infection RIG
- (3) Approaches to efficient data collection (including across sites)
- (4) Leadership and leadership development within the CAIRIBU Community
- (5) How to use Doug Strand's RNA seq and spatial mapping website

10:30 AM **BIO BREAK (30 min) – Refreshments available**

11:00 AM **AWARDS**

11:15 AM **KEYNOTE SPEAKER: [W. Stuart Reynolds, PhD](#)**, National Institutes of Health, National Institute for Diabetes and Digestive Health and Kidney Diseases

11:50 AM **SESSION 6: SEXUAL AND REPRODUCTIVE ISSUES IN UROLOGY**

**Moderators: TBD & Marlene Masino, graduate student** Michigan State University)

1:00 PM **REPORTS – Concurrent Breakout Session 3** (brief synopses from reporters of each group)

1:20 PM **CONCLUDING REMARKS**

**Kris Penniston, PhD**, PI, CAIRIBU Interactions Core, University of Wisconsin-Madison

1:30 PM **ADJOURN**

2:00 PM **POST-MEETING BONUS CONTENT**  
TBD...

### AGING PROSTATE

- Goal: Define the most important biological and clinical consequences of prostate aging and identify opportunities for mechanistic and translational research
- Discussion questions:
  - What are the key molecular and cellular hallmarks of prostate aging?
  - How does aging contribute to BPH/LUTS, prostate inflammation, and prostate cancer risk?
  - Which age-related changes are adaptive versus pathologic?
  - What biomarkers best characterize prostate aging?
  - What animal models and human cohorts are needed?
- Potential outputs: (1) Top 5 unanswered research questions; (2) priority biomarkers and longitudinal studies; (3) opportunities for prevention and healthy prostate aging

### AGING BLADDER

- Goal: Advance understanding of how aging affects bladder structure, symptoms, and treatment response
- Discussion questions:
  - What mechanisms drive age-associated changes in bladder function?
  - How do aging, frailty, neurologic disease, and metabolic health interact?
  - What distinguishes “normal” bladder aging from disease?
  - Are current LUTS/OAB therapies equally effective in older adults?
  - What patient-reported outcomes best capture aging-related bladder dysfunction?
- Potential outputs: (1) Research agenda for bladder aging biology (2) recommendations for phenotyping older adults with LUTS; (3) priorities for clinical trials in aging populations

### AGING WORKFORCE

- Goal: Understand how demographic shifts among urologists and researchers affect workforce sustainability, mentorship, and innovation
- Discussion questions:
  - What are the implications of an aging urology workforce?
  - How can institutions leverage senior expertise while supporting career transitions?
  - What models best support mentorship across career stages?
  - Are there barriers to retention, wellness, or productivity among late-career professionals?
  - How should workforce planning address future patient demand?
- Potential outputs: (1) Workforce research priorities; (2) best practices for succession planning and mentoring; (3) recommendations for supporting clinician-scientists throughout the career lifespan

### AGING PATIENTS

- Goal: Improve outcomes for older adults receiving urologic care through patient-centered and geriatric-informed approaches
- Discussion questions:
  - How should frailty, cognition, multimorbidity, and functional status influence treatment decisions?
  - What outcomes matter most to older patients?
  - How can perioperative risk be better assessed and mitigated?
  - Where do disparities exist in access, treatment, and outcomes?
  - What evidence is lacking because older adults are underrepresented in research?
- Potential outputs: (1) Priority areas for geriatric urology research; (2) key measures for risk stratification; (3) recommendations for inclusive clinical trials and equitable care

### AGING POPULATION (PUBLIC HEALTH)

- Goal: Anticipate and respond to the population-level consequences of demographic aging on urologic health
- Discussion questions:
  - Which urologic conditions will create the greatest future burden?
  - How will healthcare systems absorb growing demand for urologic services?
  - What prevention strategies could reduce disease burden?
  - What are the economic implications of age-related urologic disorders?
  - How can public health, primary care, and urology better align?
- Potential outputs: (1) High-priority public health challenges; (2) population-based research needs and surveillance priorities; (3) policy and advocacy recommendations

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### COMMON CHARGE FOR ALL GROUPS

1. What are the 3 most important unanswered questions in this area?
2. What barriers currently impede progress?
3. What research resources, cohorts, or collaborations are needed?
4. What should be the field's top priorities over the next 5-10 years?