



CAIRIBU Annual Meeting 2025

Executive Summary

*Collaborating for the Advancement of Interdisciplinary
Research in Benign Urology*



INTRODUCTION

The CAIRIBU U24 Interactions Core organizes an annual meeting to bring together the CAIRIBU Community, including NIDDK Program Officers, investigators, collaborators, and trainees from NIDDK-funded Urology Centers and Programs. While virtual events foster year-round interaction, the annual meeting serves as a pivotal in-person gathering to exchange knowledge and discuss research advancements. As CAIRIBU expands, participation now includes researchers from beyond NIDDK-funded programs.

OBJECTIVE

The CAIRIBU Annual Meeting facilitates deep knowledge exchange to enhance collaboration and advance urology research. The meeting promotes interdisciplinary engagement across basic, clinical, and translational sciences, fostering connections between urology researchers and experts from related fields. Structured sessions, networking forums, and interactive discussions ensure the cross-pollination of ideas and promote innovative research directions.

PLANNING AND METHODS

Building on past meetings since 2018, planning for the 2025 meeting began in early 2024 with CAIRIBU leaders, NIDDK Program Officers, and the Scientific Consulting Group. Feedback from prior meetings guided program development. A planning committee of CAIRIBU leaders and trainees reviewed scientific themes, structured sessions, and identified invited speakers.

Key planning steps included:

- Reviewing prior meeting evaluation data and feedback.
- Structuring scientific sessions to represent all CAIRIBU Centers and Programs.
- Establishing an abstract submission and review process.
- Organizing moderated breakout and networking sessions.
- Coordinating logistics such as registration, lodging, and audiovisual needs.
- Securing funding for speakers and poster awards through external grants.

MEETING OVERVIEW

The 2025 program includes eight scientific sessions, a take-home message session, two moderated breakout/networking sessions, and interactive social activities. Speakers represent diverse institutions and career stages, ensuring comprehensive knowledge exchange.

Key statistics from the 2024 meeting, which serves as a benchmark:

- 140 registrants, 61% female, with 16% from outside CAIRIBU.
- 40 presenters across all CAIRIBU Centers and Programs.
- Two breakout sessions featuring eight flash talks by trainees and early-stage investigators.
- Strong engagement in discussion-driven sessions.

OUTCOMES AND PARTICIPANT FEEDBACK

Post-meeting evaluation (82% response rate) revealed high satisfaction, particularly with scientific sessions and breakout discussions.

Key findings include:

- 41% of attendees participated in at least 2 prior CAIRIBU meetings, while 30% were first-time attendees.
- Participation was evenly distributed across breakout sessions; there were high satisfaction levels.
- Interactive discussions on infection/urobiome and neuro-urology research were most positively received.
- A record number of abstracts were submitted (n=63) 62 abstracts were accepted.
- Of the 62 abstracts 33% were from investigators not affiliated with a currently or prior funded CAIRIBU Program or Center or CAIRIBU research interest group.

- 51% of abstract presenters identified as non-white or Hispanic.

See details about meeting registrants and those submitting abstracts in **Figure 1** at right and the table below.

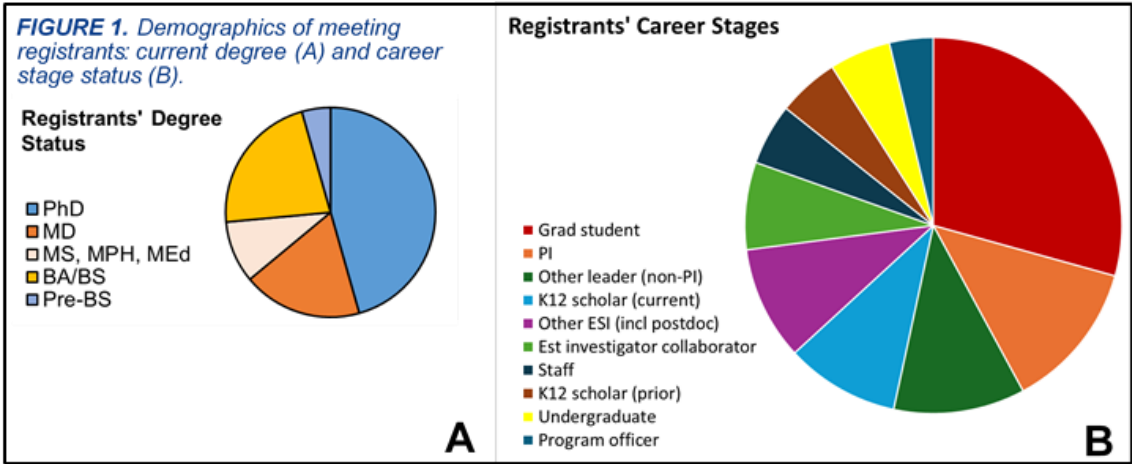


TABLE. Proportion of abstracts from CAIRIBU and non-CAIRIBU affiliations

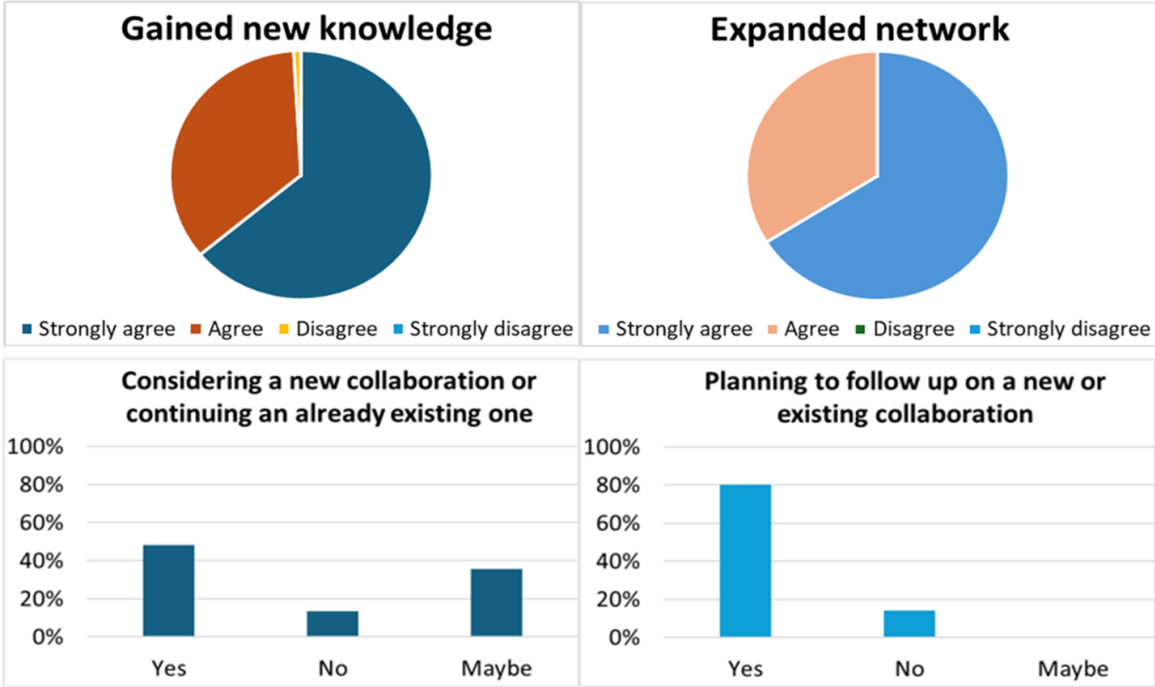
CAIRIBU AFFILIATION	ABSTRACTS
Non-CAIRIBU affiliated	33%
UW-Madison U54 Urology O'Brien Center	15%
CAIRIBU Urobiome Research Interest Group	10%
Undergraduate students from UW-Madison R25 summer program	8%
Duke KURe K12 Program	8%
Endeavor Health Urology P20 Center	5%
UW-Madison KURe K12 Program	5%
Stanford University KURe K12 Program	5%
Corewell Health/Michigan State Urology P20 Center	3%
University of Michigan KUroEpi K12 Program	3%
University of California San Francisco KUroEpi K12 Program	3%
Columbia University U54 Urology O'Brien Center	1.5%
CAIRIBU Interactions Core	1.5%

Demographics

RACE/ETHNICITY	
White-not Hispanic	49%
Asian	26%
White-Hispanic	16%
Non-white, not Hispanic	6.5%
Other	1.5%

Attendees' post-meeting evaluations demonstrated that most gained new knowledge and expanded their professional or research networks. Collaborative planning was also reported (**Figure 2**).

FIGURE 2. Meeting attendees' post-meeting responses about new knowledge gained, networking, and potential collaborative research intentions



Participants in the Wednesday afternoon breakout sessions on specific research topics demonstrated high satisfaction. Comments were positive; suggestions for improvements were provided (**Figure 3**, next page).

CONCLUSION

The CAIRIBU annual meeting continues to serve as a cornerstone for collaboration, research advancement, and interdisciplinary exchange. Strategic planning, structured scientific sessions, and active engagement of trainees and early-stage investigators ensure that the meeting fosters both immediate knowledge-sharing and long-term research partnerships. The 2025 meeting will build on prior successes, incorporating participant feedback to further enhance its impact.

FIGURE 3. Satisfaction with and comments about the Wednesday afternoon breakout sub-sessions

