

BRIEF REPORT

OPEN ACCESS OPEN ACCESS



Baseline abundance of oxalate-degrading bacteria determines response to Oxalobacter formigenes probiotic therapy

Mangesh Suryavanshi^a, Arthur Franklin^a, Sonia Farque^b, Dean G. Assimos^b, John Knight^b and Aaron W. Millera,c

^aDepartment of Cardiovascular and Metabolic Sciences, Cleveland Clinic, Cleveland, OH, USA; ^bDepartment of Urology, University of Alabama at Birmingham, Birmingham, AL, USA; ^cDepartment of Urology, Cleveland Clinic, Cleveland, OH, USA

ABSTRACT

Oxalate, a compound derived from both diet and metabolism, contributes to multiple renal and vascular diseases. Certain gut bacteria degrade oxalate, limiting absorption and promoting secretion. This study examined microbial factors that influence the effectiveness of Oxalobacter formigenes, a specialized oxalate-degrading bacterium, in lowering urinary oxalate levels. We analyzed gut microbiota from a controlled diet study involving 26 healthy, non-stone-forming adults who were initially uncolonized and then colonized with O. formigenes. Stool samples were profiled for 16S rRNA and oxalate-degrading genes—oxalyl-CoA decarboxylase (oxc) and formyl-CoA transferase (frc)—using high-throughput amplicon sequencing and qPCR. Comparative analyses assessed associations between microbial features and oxalate homeostasis, including changes in urinary oxalate excretion. The baseline abundance of oxalate-degrading genes (oxc and frc) was significantly and negatively correlated with stool oxalate (R = -0.43 for frc, -0.34 for oxc), urinary oxalate levels (R = -0.25 for frc, -0.27 for oxc), and the reduction in urine oxalate after O. formigenes administration (R = -0.36 for frc, -0.42 for oxc). This study provides the first direct evidence that baseline oxalatedegrading gene abundance predicts probiotic response. Results explain inconsistent clinical trial results and support precision microbiome-based therapy for hyperoxaluria via targeted patient stratification.

ARTICLE HISTORY

Received 13 June 2025 Revised 8 August 2025 Accepted 10 September 2025

KEYWORDS

Oxalate; hyperoxaluria; Oxalobacter formigenes; oxalate-degrading bacteria; probiotics

Introduction

Oxalate is a compound found in plant-based foods and produced endogenously in the liver. Elevated oxalate levels are linked to chronic diseases such as urinary stone formation (USD),² chronic kidney disease (CKD), along with vascular calcification and cardio-kidneymetabolic syndrome (CKMS).⁴⁻⁶ Hyperoxaluria, typically defined as urinary oxalate excretion above 40 mg/d in adults, increases disease risk, though lower levels of excretion may be linked to progression of CKD.8 These oxalate-related conditions impose a substantial global health and economic burden, 9-12 highlighting the need for strategies to reduce urinary oxalate excretion.

Oxalate is abundant in plant-based foods such as leafy greens, nuts, seeds, beets, rhubarb, and certain grains, 13,14 and when ingested in large quantities can result in kidney injury due to the formation and deposition of calcium oxalate crystals. 15 Endogenous oxalate arises mainly from glyoxylate metabolism and ascorbic acid breakdown. 16,17 Because mammals cannot degrade oxalate, 18 it must be eliminated via urinary excretion or by degradation in the gut by specific bacteria, 19-23 and thus may mitigate the risk of oxalate-associated diseases.

Gut bacteria employ multiple metabolic pathways for oxalate degradation. One of the most prominent pathways involves the oxlT gene, which encodes an oxalate-formate antiporter protein, ²⁴ which is often coupled with the frc and oxc genes, encoding formyl-CoA transferase and oxalyl-CoA decarboxylase,

CONTACT Aaron W. Miller and millera 25@ccf.org Lerner Research Institute, Cleveland Clinic, 9500 Euclid Ave, Cleveland, OH 44195, USA

Supplemental data for this article can be accessed online at https://doi.org/10.1080/19490976.2025.2562337.

© 2025 The Author(s). Published with license by Taylor & Francis Group, LLC.

This is an Open Access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. The terms on which this article has been published allow the posting of the Accepted Manuscript in a repository by the author(s) or with their consent.

respectively. These enzymes sequentially convert oxalate to formyl-CoA and oxalyl-CoA, and subsequently to CO₂ and formyl-CoA. 25,26

Oxalobacter formigenes, identified over 45 y ago, is the canonical oxalate-degrading bacterium and considered the most effective oxalate-degrading species.²⁷ However, results from clinical intervention trials using this species have varied widely, calling into question the factors that determine success. ²⁸⁻³⁰ This inconsistency highlights the need to identify microbial or host factors that predict therapeutic response. In our recent clinical trial involving healthy adults not colonized with O. formigenes, a single ingestion of viable O. formigenes cells resulted in successful colonization in all participants.³⁰ However, while overall urinary oxalate levels decreased significantly following colonization, individual responses varied considerably from an increase of 5 mg/day of urinary oxalate to a decrease of > 15 mg/d, 30 similar to past clinical intervention studies with this species.²⁸ Therefore, the aim of this study was to determine the specific microbial factors that predict the magnitude of response to O. formigenes probiotic therapy in terms of urinary oxalate reduction, focusing on other oxalate-degrading bacteria. We hypothesized that the baseline presence of other oxalate-degrading bacteria influences the efficacy of the O. formigenes probiotic.

Materials and methods

Study design and participant recruitment

In the original sequential, diet-controlled clinical trial (ClinicalTrials.gov NCT03752684),³⁰ participant screening included serum metabolic panels, and urine creatinine (two 24-h collections), to confirm eligibility and data reliability. Exclusion criteria included abnormal lab values, recent antibiotic use, kidney stone history, and extremes in BMI or renal function. Those who passed initial health screens, were further screened for O. formigenes colonization using stool culture. Specifically, fresh stool samples were inoculated into Schaedler anaerobe broth supplemented with 20 mM sodium oxalate and incubated anaerobically at 37 °C for 5-7 d. Colonies were sub-cultured on oxalate-containing agar and verified using O. formigenes-specific PCR primers, as previously described.^{22,31} Participants confirmed to be noncolonized after two assessments-one on a self-selected diet and another on an oxalate-enriched diet-were enrolled.

Enrolled participants followed a structured dietary protocol: a low-oxalate (~50 mg/d), normal-calcium (~1200 mg/d) diet; a ≥ 2-week washout on a self-selected diet; then a high-oxalate (~230 mg/d), lowcalcium (~600 mg/d) diet. Colonization with O. formigenes was induced by oral ingestion of ~10¹⁰ live cells. Stool cultures confirmed absence of colonization before and successful colonization after inoculation. Stool and 24-h urine collections were performed on days 3-5 of each dietary phase to allow for equilibration. Colonization persistence was assessed by stool culture during follow-up (up to 4 y).

Controlled dietary interventions

Prior to induction of O. formigenes colonization, participants collected stool and 24-h urine specimens while consuming standardized low-oxalate (50-60 mg/d) and high-oxalate (210-240 mg/d) diets. The differences in urine oxalate excretion and dietary oxalate content of the high and low oxalate diets was used to estimate dietary oxalate absorption. Following induction of O. formigenes colonization, stool and 24-h urine were collected only on the high oxalate diet to assess the efficacy of colonization for reducing urine oxalate. Oxalate levels from pre- and post-colonization urine samples on the high oxalate diet were compared as this dietary phase provided a strong and consistent oxalate challenge across participants to evaluate degradation capacity. Oxalate levels were measured by ion chromatography-mass spectrometry (IC-MS).

Stool sample collection and DNA extraction

Microbiome analyses were only performed on multiple stool samples collected for each patient prior to O. formigenes colonization. Stool samples were collected in sterile containers and immediately frozen at -80 °C. Stool DNA was extracted through a semi-automated protocol on a KingFisher Duo Prime System (Thermo Scientific) following the manufacturer's protocol for stool. A total of 224 stool samples were



collected from the 22 patients, with 122 samples from participants on a high oxalate diet and 102 samples from a low oxalate diet.

High throughput sequencing

The V4 region of the 16S rRNA gene was amplified using the 515F and 806R bacterial primers. To quantify oxalate metabolism potential, high throughput formyl-CoA transferase (frc) gene sequencing was performed using conserved, validated primers: frc-171F (5'-CTSTAYTTCACSATGCTSAAC-3') and frc-306R (5'-GDSAAGCCCATVCGRTC-3'). Amplicons were sequenced on the Illumina MiSeq (2 × 250 bp paired-end reads). Raw sequences were processed using DADA2 (version 1.18)³² for quality control and amplicon sequence variant (ASV) assignment. Taxonomy and gene annotation was assigned using a nonredundant database of the SILVA 138 SSURef and NCBI 16S rRNA database for 16S rRNA sequences,³³ and to the UniRef90 database for frc sequences. Taxa assigned to mitochondria or chloroplasts (16S rRNA gene) or that were not annotated to frc (frc gene) were removed. The resulting ASV's were aligned in MSA and arranged into a maximum likelihood phylogeny in phangorn.³⁴ Taxonomic annotation of the frc sequences was conducted by mapping reads to a reference dataset of 45,000 + full-length prokaryotic genomes from NCBI, with BWA. To evaluate redundancy and compare taxonomy from the 16S rRNA and frc genes, ASV's were clustered at 97% similarity using the CD-HIT algorithm. Alpha and beta diversity metrics were calculated using phylogenetic diversity metrics.

qPCR of oxalate-degrading genes

The abundance of all bacteria and the oxalate-degrading fraction was quantified by qPCR of the 16S rRNA, and oxalyl-CoA decarboxylase (oxc) and frc genes, respectively. Primer sequences, amplicon size and standard bacteria used for quantification have been previously reported.³⁰ These primers broadly target the oxc and frc genes from diverse taxonomic backgrounds. 36,37 Triplicate qPCR reactions were setup (10 μl each) containing the appropriate pair of primers, 50 µg of metagenomic DNA and SYBR green master mix provided by Applied Biosystems Inc. (Thermo Fisher Scientific, USA). Reactions were run on StepOnePlus Real time PCR system from Applied Biosystems. Standard curves were generated from serial dilutions of a known concentration of PCR products derived from DNA of standard bacterial species. Melting curve analysis was performed at the end of qPCR cycles to validate amplification specificity. Average values of the triplicates were used for downstream analyses. For all assays, PCR efficiency was maintained above 90% with a correlation coefficient > 0.99. Data were normalized through log2 transformation of the proportional gene copy numbers of the oxc or frc genes relative to the copy numbers of the 16S rRNA gene to ensure that gene abundance data reflected biological differences rather than differences in microbial biomass.

Statistical analysis

All statistical analyses were conducted using R (version 4.1.2). Pearson correlations were employed to assess impact of oxalate-degrading gene abundance on metrics of oxalate homeostasis (stool oxalate, 24-h urinary oxalate excretion and estimated gastrointestinal oxalate absorption), and the change in urinary oxalate excretion following induction of O. formigenes colonization on the high oxalate controlled diet. One or two-way ANOVA's with Holm's-corrected, post-hoc paired t-tests were employed to compare continuous variables, where applicable. For correlations, t-tests on the correlation coefficient were employed, where applicable.

To identify bacterial taxa that differed in abundance between study groups, differential abundance analysis was performed using the DESeq2 package.³⁸ DESeq2 uses a negative binomial distribution to account for variability in microbial sequencing data and applies internal normalization to correct for differences in library size. Taxa with a false discovery rate (FDR)-adjusted p-value < 0.05 were considered statistically significant. Alpha diversity, calculated as an unweighted Phylogenetic Diversity, quantifies the number of unique phylogenetic clades between groups.³⁹ Alpha diversity comparisons were conducted using Holm's corrected, paired t-tests. Beta diversity differences, which quantifies microbiome

composition between groups based on the presence-absence and relative abundance of ASVs, were assessed using permutational multivariate analysis of variance (PERMANOVA) with weighted Unifrac dissimilarity matrices. 40,41 The Unifrac metric quantifies differences based on phylogenetic clades. The PERMANOVA statistical test is a non-parametric test determines whether microbial communities differ significantly across groups based on their overall structure. Holm's corrected p values of < 0.05 were considered statistically significant.

Results

Results of patient screening

Of the 38 individuals initially assessed for eligibility, 12 were excluded due to recent antibiotic use (n = 5), history of nephrolithiasis (n = 3), abnormal serum or urinary markers (n = 2), or BMI outside the inclusion range (n = 2). The final cohort included 26 healthy adults who met all eligibility criteria, with baseline laboratory values within reference ranges. However, one participant dropped out after successful colonization, but before the final dietary phase. Three participants withdrew prior to colonization. Twenty-two participants completed the trial.

Dietary oxalate intake strongly influences urinary oxalate excretion

As previously reported, participants consuming a high-oxalate diet exhibited significantly increased oxalate in both stool and urine compared to the low-oxalate diet.³⁰

These data are consistent with an earlier report by Holmes and colleagues⁴² and confirms that dietary oxalate is a major contributor to urinary oxalate levels and validates the model for testing probiotic interventions.

Baseline abundance of oxalate-degrading genes negatively correlates with stool and urine oxalate levels and the response to O. formigenes colonization

To assess the impact of the baseline abundance of oxalate-degrading bacteria on stool oxalate concentration, urinary oxalate excretion and estimated gastrointestinal oxalate absorption, we quantified the precolonization abundance of oxc and frc genes. There were significant negative correlations between the baseline abundance of oxalate-degrading genes with stool oxalate concentrations (R = -0.43, p < 0.001 for frc and R = -0.34, p < 0.001 for oxc; Figure 1A), urine oxalate excretion (R = -0.25, p = 0.008 for frc and R = -0.27, p = 0.004 for oxc; Figure 1B), estimated gastrointestinal oxalate absorption (R = -0.22, p = 0.019for frc; Figure 1C), and reduction in urine oxalate after induction of O. formigenes colonization (R = -0.36, p < 0.001 for frc and R = -0.42, p < 0.001 for oxc; Figure 1D); oxc abundance and estimated gastrointestinal oxalate absorption produced a non-significant correlation (R = -0.15, p = 0.12 for oxc; Figure 1C). Among the 11 participants with the least reduction in urinary oxalate (n = 124 samples), the average decrease was only 4%. In contrast, the top 11 responders (n = 100 samples) saw a 24% reduction, highlighting the high degree of variability in response (Figure 1D).

Diversity of frc-containing bacteria and the whole gut microbiota

Taxonomic profiling revealed that bacteria containing the oxalate-degrading gene frc form a distinct taxonomic profile (Figure S1). Nonomuraea, Pseudoduganella, and Streptomyces dominated the frccontaining taxa. When comparing the number of unique sequences at 97% homology for the frc gene to 16S rRNA gene, we estimated that 5.7% of all taxa in the gut contain an frc gene. There was no significant correlation between the number of frc phylogenetic clades and stool oxalate (R = 0.054, p = 0.51; Figure 2A) nor urine oxalate (R = -0.11, p = 0.19; Figure 2B). However, there were significant correlations between the number of frc phylogenetic clades and estimated gastrointestinal oxalate absorption (R = -0.21, p = 0.024; Figure 2C), and response to O. formigenes colonization (R = 0.22, p = 0.016;Figure 2D). These data are consistent with the association between the composition of the frc-fraction

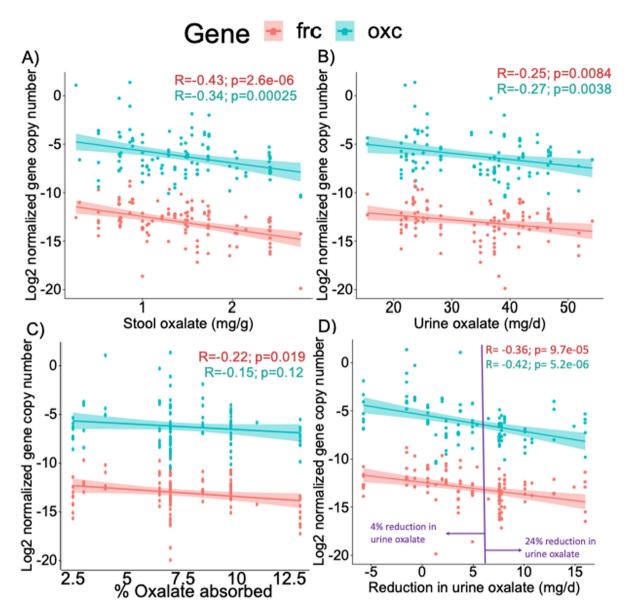


Figure 1. Oxalate-degrading gene abundance influences oxalate metrics and response to *O. formigenes* colonization. (A–D) *frc* and *oxc* gene abundance correlated to stool oxalate (A), urine oxalate (B), percent estimated dietary oxalate absorption (C), and reduction in urine oxalate after *O. formigenes* colonization (D). Gene copy numbers were Log2 transformed and normalized to 16S rRNA gene copy number. Purple line divides data into lower and upper halves of response. The % reduction in urine oxalate for each half is listed. *p* values are based on *t*-tests for Pearson's correlation coefficient.

of the gut microbiota and oxalate metrics. Specifically, there was no association with stool oxalate (p = 0.096; Figure 3A) nor urine oxalate (p = 0.256; Figure 3B), but a significant association for estimated gastrointestinal oxalate absorption (p = 0.001; Figure 3C) and response to *O. formigenes* colonization (p = 0.001; Figure 3D).

In contrast to the association between frc diversity and oxalate metrics, when looking at the 16S rRNA gene with high throughput sequencing, we found that the number of phylogenetic clades exhibited a significant, positive correlation to stool oxalate (R = 0.33, p < 0.001; Figure S2A), with no correlations to urine oxalate (R = 0.12, p = 0.16; Figure S2B), estimated gastrointestinal oxalate absorption (R = -0.16, p = 0.094; Figure S2C), nor response to O. formigenes (R = -0.016, p = 0.87; Figure S2D). However, there was a strong association in the total composition of the gut microbiota and all oxalate metrics (p = 0.001 for all metrics; Figures S3A-D).

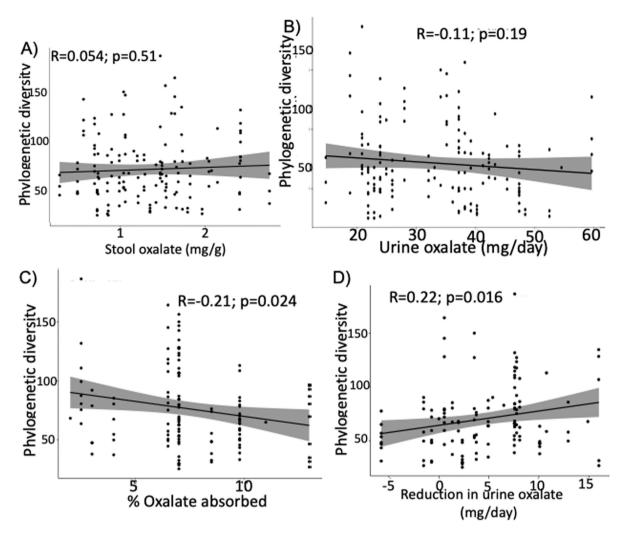


Figure 2. Number of phylogenetic groups in the *frc*-containing fraction of the gut microbiota is associated with metrics for oxalate homeostasis and response to *O. formigenes* colonization. (A–D) Number of phylogenetic groups correlated to stool oxalate (A), urine oxalate (B), percent estimated dietary oxalate absorption (C), and reduction in urine oxalate after *O. formigenes* colonization. Metric was quantified as phylogenetic diversity, based on high throughput sequencing of the frc gene. *p* values are based on *t*-tests for Pearson's correlation coefficient.

Spearman correlations between oxalate metrics and the frc or 16S rRNA ASVs identified multiple taxa that exhibited positive or negative associations with these metrics. Specifically, among frc-taxa, the Bradyrhizobium, Kribbella, Methylobacterium, and Streptomyces had the most ASVs significantly associated to oxalate metrics (FDR < 0.05; Figure 4A). Among all taxa, the Alistiipes, Bacteriodes, Lachnospiraceae, Oscillospiraceae, and Ruminococcus were the most associated with oxalate metrics (Figure 4B), consistent with past reports.^{28,43}

Discussion

Animal studies and surveys of human populations have identified diverse oxalate-degrading bacteria. 43-49 It is estimated that 35% of all species in the human gut contains at least one oxalate-degrading gene, 47 while 60% of species harbor oxalate-degrading genes in oxalate-consuming rodents, 43 suggesting that the diversity of oxalate-degrading bacteria plays an important role in oxalate homeostasis, particularly when dietary oxalate intake is high. Here, we found that 6% of species harbored the *frc* gene, which is just one of many known oxalate-degrading genes. 47 In this controlled diet study, we show that individuals with lower baseline levels of oxalate-degrading bacteria experienced greater benefit from *O. formigenes* colonization, as measured by reduced urinary oxalate. Oxalate-degrading gene abundance was significantly associated

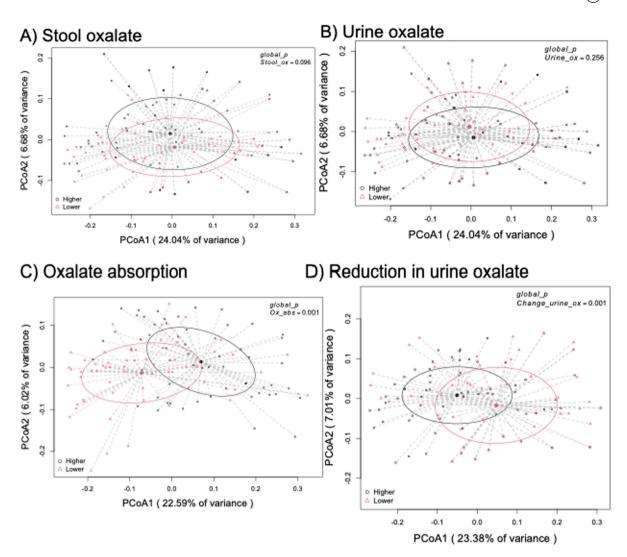


Figure 3. Composition of the *frc*-containing fraction of the gut microbiota is associated with metrics for oxalate homeostasis and response to *O. formigenes* colonization. (A–D) Composition associated with stool oxalate (A), urine oxalate (B), percent estimated dietary oxalate absorption (C), and reduction in urine oxalate after *O. formigenes* colonization. Metric was quantified as a weighted UniFrac dissimilarity matrix, visualized through PCoA plots, based on high throughput sequencing of the frc gene. The continuous variables were converted to binary categorical variables based on values that were in the higher or lower half of all values. *p* values are based on PERMANOVA with 999 permutations.

with stool and urine oxalate levels, as well as with gastrointestinal oxalate absorption, underscoring the central role of microbial gene abundance in regulating oxalate homeostasis. In contrast, the diversity of oxalate-degrading bacteria was less strongly linked to these outcomes and to the efficacy of *O. formigenes* colonization. Specifically, the lack of correlation between phylogenetic diversity of *frc*-containing taxa and stool or urinary oxalate suggests that the oxalate-degrading niche is neither dominated by a few functionally superior species (which would produce a positive correlation) nor broadly saturated by metabolically diverse taxa (which would result in a negative correlation). However, the observed associations between *frc* gene phylogenetic diversity and both oxalate absorption and the probiotic response to *O. formigenes* imply that a subset of dominant taxa may still exert meaningful influence on niche occupancy and therapeutic outcomes. Future studies should aim to disentangle the relative contributions of gene abundance and community composition to oxalate metabolism and probiotic efficacy.

These findings, particularly in relation to oxalate-degrading gene abundance, may explain the inconsistent results from prior probiotic trials and suggest a clear microbial biomarker for patient stratification. ²⁸⁻³⁰ Interestingly, the results of this human study, which show that *O. formigenes* is only

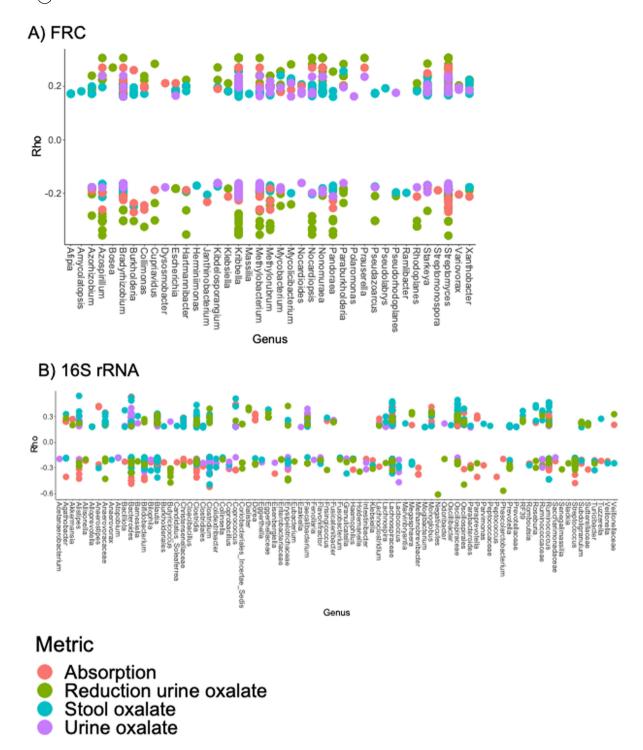


Figure 4. Spearman correlations between specific ASV's and metrics for oxalate homeostasis, based on the *frc* (A) or 16S rRNA (B) genes. Each dot represents a single ASV, colored by the specific metric of correlation. Only significant correlations are shown, based on FDR-corrected Spearman correlations between ASV abundance and the oxalate homeostasis metrics.

effective when there is a low baseline level of oxalate-degrading bacteria, mirror findings from our wild rodent studies,⁴³ indicative of the robustness of these results and highlights the value of studying oxalate degradation in animal models consuming a naturally high oxalate containing diet.

A prior study evaluated 24-h stool oxalate levels in healthy individuals not colonized with O. formigenes while on a controlled diet (250 mg oxalate, 400 mg calcium), similar to the study design presented here. The authors found that, on average, \sim 80% of ingested oxalate was recovered in stool, suggesting \sim 20% intestinal degradation even in the absence of O. formigenes. Notably, there was substantial inter-individual

variability, with oxalate degradation ranging from 0% to 40%. Although stool samples were not used for microbial analysis, these findings suggest that there is considerable inter-individual variability in oxalatedegrading bacteria and that these bacteria may compensate for the absence of O. formigenes, similar to the study results presented here.

The gut microbiome influences all facets of human health and physiology. 50,51 Despite advances in understanding the specific mechanisms through which gut bacteria influence host health,⁵¹ clinical probiotic trials consistently exhibit a high degree of variability in patient response. 52-56 The results reported here support the need to incorporate profiling the abundance of background oxalatedegrading genes into patient selection criteria for future clinical trials assessing intestinal oxalate degradation therapies and supports similar approaches for other probiotic studies.

The question remains whether O. formigenes alone is the optimal therapeutic agent for reducing urinary oxalate excretion, even when accounting for the baseline abundance of oxalate-degrading bacteria. Differences in beta-diversity metrics between the frc-containing and total microbial communities suggest that other bacterial functions, such as short-chain fatty acid (SCFA) production and bile acid metabolism, may indirectly influence oxalate homeostasis. 43,57,58 Future research should explore combination therapies such as co-administering O. formigenes with other oxalate-degrading bacteria, SCFA producers, or bile acid-modulating microbes, particularly in individuals with low oxalatedegrading bacterial abundance.

Limitations of the study include the small cohort consisting of healthy adults using gene abundance and clinically relevant oxalate parameters as the inputs and outcomes. In vitro quantification of oxalate degradation from participant stool would have increased mechanistic insight. However, multiple samples were collected longitudinally across controlled low and high oxalate diets, increasing the robustness of the findings here. Additionally, data recapitulate findings in robust preclinical studies that involved microbiological, and targeted microbial transplant studies, further increasing the validity of the current findings.⁴³ While the focus on healthy patients allowed for a controlled evaluation of microbial factors involved in oxalate handling and response to O. formigenes probiotics, further studies in patients with primary or secondary hyperoxaluria, or impaired renal function, are warranted to validate the predictive utility of oxc and frc gene abundance in clinical populations. Another limitation is that we profiled only two oxalate-degrading genes (frc and oxc), despite the existence of additional oxalate-degrading genes, which may have led to an underestimation of the baseline abundance and functional potential of oxalatedegrading bacteria in the gut microbiome. Although diet and medication use were strictly controlled through study design and pre-screening, we did not assess host genetic factors such as SLC26A1 or SLC26A6 polymorphisms, which may influence intestinal oxalate transport and urinary excretion. Future studies integrating host genetic profiling with microbiome and metabolomic analyses could provide a more comprehensive understanding of inter-individual variation in oxalate homeostasis. Finally, microbiome profiling in this study was performed on samples prior to O. formigenes colonization to prospectively assess predictive relationships between baseline microbial features and therapeutic response. While this design addresses our primary objective, it does not capture post-colonization shifts in microbial community structure. On-going analyses of longitudinal microbiome samples from this cohort will help elucidate ecological changes and host-microbe interactions that may further modulate probiotic efficacy. Future studies are needed to determine the impact on gut microbiota after induction of O. formigenes colonization, to determine the relationship between oxalate-degrading gene abundance and functional oxalate-degrading capacity, and to examine other microbial functions beyond oxalate degradation that may influence oxalate homeostasis.

Conclusions

Hyperoxaluria is associated with multiple chronic disorders that account for substantial mortality and morbidity. Such individuals could potentially benefit from oxalate-degrading therapies, including O. formigenes colonization. Unfortunately, only 50% of clinical intervention studies with this species have shown success.²⁸⁻³⁰ Our findings indicate that baseline levels of oxalate-degrading bacteria influence the effectiveness of O. formigenes probiotic therapy. This finding offers a clear explanation for previously



inconsistent results and underscores the importance of quantitatively assessing oxc and frc gene abundance—beyond simply detecting O. formigenes—to identify patients most likely to benefit from oxalate-lowering therapies.

Acknowledgments

We thank Tamara Keenum and Michelle Bui for their technical assistance and Demond Wiley for coordinating study recruitment and retention. We greatly appreciate the help of the Clinical Research Units at UAB (supported by NIH grant UL1TR003096). We appreciate the help of Sromona Mukherjee in uploading sequencing data to the sequence read archive. This work was funded by NIH grants R01DK087967, R03DK129497, K08DK115833, R01DK126774, R01DK128160, UL1TR003096, R01DK121689. ClinicalTrials.gov identifier: NCT03752684.

Author contributions

JK, DGA, and SF designed the original clinical study. MS, AWM, and JK designed the current study. MS conducted the experiments. AWM, AF, and MS analyzed the data. All authors drafted, revised, and approved the final version of the manuscript.

Disclosure of potential conflicts of interest

No potential conflicts of interest were disclosed.

ORCID

Aaron W. Miller D 0000-0001-8342-1449

Data availability statement

Raw high throughput sequencing data are available at the sequence read archive through Project number PRJNA1051530. Data can be found at https://www.ncbi.nlm.nih.gov/bioproject/PRJNA1051530.

References

- Miller AW, Dearing D. The metabolic and ecological interactions of oxalate-degrading bacteria in the mammalian gut. Pathogens. 2013;2(4):636-652. doi: 10.3390/pathogens2040636.
- Robertson W, Peacock M. The cause of idiopathic calcium stone disease: hypercalciuria or hyperoxaluria? Nephron. 1980;26(3):105-110. doi: 10.1159/000181963.
- Nazzal L, Puri S, Goldfarb DS. Enteric hyperoxaluria: an important cause of end-stage kidney disease. Nephrol Dial Transplant. 2015;31(3):375-382. doi: 10.1093/ndt/gfv005.
- Liu Y, Zhao Y, Shukha Y, Lu H, Wang L, Liang W, Fan Y, Chang L, Yurdagul A, Pattillo CB, et al. Dysregulated oxalate metabolism is a driver and therapeutic target in atherosclerosis. Cell Rep. 2021;36(4):109420. doi: 10.1016/j.celrep.2021.109420.
- Pfau A, Ermer T, Coca SG, Tio MC, Genser B, Reichel M, Finkelstein FO, März W, Wanner C, Waikar SS, et al. High oxalate concentrations correlate with increased risk for sudden cardiac death in dialysis patients. J Am Soc Nephrol. 2021;32(9):2375-2385. doi: 10.1681/ASN.2020121793.
- Fishbein GA, Micheletti RG, Currier JS, Singer E, Fishbein MC. Atherosclerotic oxalosis in coronary arteries. Cardiovasc Pathol. 2008;17(2):117-123. doi: 10.1016/j.carpath.2007.07.002.
- Bhasin B, Ürekli HM, Atta MG. Primary and secondary hyperoxaluria: understanding the enigma. World J Nephrol. 2015;4(2):235. doi: 10.5527/wjn.v4.i2.235.
- Waikar SS, Srivastava A, Palsson R, Shafi T, Hsu C, Sharma K, Lash JP, Chen J, He J, Lieske J, et al. Association of urinary oxalate excretion with the risk of chronic kidney disease progression. JAMA Intern Med. 2019;179(4):542-551. doi: 10.1001/jamainternmed.2018.7980.
- Scales CD, Smith AC, Hanley JM, Saigal CS, Project UDiA. Prevalence of kidney stones in the United States. Eur Urol. 2012;62(1):160-165.
- Chewcharat A, Curhan G. Trends in the prevalence of kidney stones in the United States from 2007 to 2016. Urolithiasis. 2021;49(1):27-39. doi: 10.1007/s00240-020-01210-w.



- Johansen KL, Chertow GM, Gilbertson DT, Ishani A, Israni A, Ku E, Li S, Liu J, Obrador GT, Schulman I, et al. US renal data system 2022 annual data report: epidemiology of kidney disease in the United States. Am J Kidney Dis. 2023;81(3):A8-A11. doi: 10.1053/j.ajkd.2022.12.001.
- Ahmad FB, Anderson RN. The leading causes of death in the US for 2020. JAMA. 2021;325(18):1829-1830. doi: 10.1001/jama.2021.5469.
- 13. Holmes RP, Kennedy M. Estimation of the oxalate content of foods and daily oxalate intake. Kidney Int. 2000;57(4):1662-1667. doi: 10.1046/j.1523-1755.2000.00010.x.
- Noonan S, Savage G. Oxalate content of foods and its effect on humans. Asia Pac J Clin Nutr. 1999;8:64-74. doi: 14. 10.1046/j.1440-6047.1999.00038.x.
- 15. Clark B, Bagdunes MW, Kunkel GM. Diet-induced oxalate nephropathy. BMJ Case Rep CP. 2019;12(9):e231284. doi: 10.1136/bcr-2019-231284.
- Lange JN, Wood KD, Knight J, Assimos DG, Holmes RP. Glyoxal formation and its role in endogenous oxalate synthesis. Adv Urol. 2012;2012:1-5. doi: 10.1155/2012/819202.
- Crivelli JJ, Mitchell T, Knight J, Wood KD, Assimos DG, Holmes RP, Fargue S. Contribution of dietary oxalate 17. and oxalate precursors to urinary oxalate excretion. Nutrients. 2021;13(1):62. doi: 10.3390/nu13010062.
- Hodgkinson A. Oxalic acid in biology and medicine. 1977. London—New York: Academic Press.
- Miller AW, Dale C, Dearing MD. The induction of oxalate metabolism in vivo is more effective with functional microbial communities than with functional microbial species. MSystems. 2017;2(5):e00088-00017. doi: 10.1128/mSystems.00088-17.
- 20. Miller AW, Oakeson KF, Dale C, Dearing MD. Microbial community transplant results in increased and longterm oxalate degradation. Microb Ecol. 2016;72(2):470-478.
- 21. Miller AW, Orr T, Dearing D, Monga M. Loss of function dysbiosis associated with antibiotics and high fat, high sugar diet. ISME J. 2019;13(6):1379-1390. doi: 10.1038/s41396-019-0357-4.
- Hatch M, Gjymishka A, Salido EC, Allison MJ, Freel RW. Enteric oxalate elimination is induced and oxalate is normalized in a mouse model of primary hyperoxaluria following intestinal colonization with Oxalobacter. Am J. 2011;300(3):G461-G469. doi: 10.1152/ajpgi.00434.2010.
- Sidhu H, Allison MJ, Chow JM, Clark A, Peck AB. Rapid reversal of hyperoxaluria in a rat model after probiotic administration of Oxalobacter formigenes. J Urol. 2001;166(4):1487-1491.
- Jaunet-Lahary T, Shimamura T, Hayashi M, et al. Structure and mechanism of oxalate transporter OxIT in an oxalate-degrading bacterium in the gut microbiota. Nat Commun. 2023;14(1):1730.
- 25. Baetz AL, Allison MJ. Purification and characterization of oxalyl-coenzyme A decarboxylase from Oxalobacter formigenes. J Bacteriol. 1989;171(5):2605-2608. doi: 10.1128/jb.171.5.2605-2608.1989.
- 26. Baetz AL, Allison MJ. Purification and characterization of formyl-coenzyme A transferase from Oxalobacter formigenes. J Bacteriol. 1990;172(7):3537-3540. doi: 10.1128/jb.172.7.3537-3540.1990.
- 27. Daniel SL, Moradi L, Paiste H, Wood KD, Assimos DG, Holmes RP, Nazzal L, Hatch M, Knight J, Julia Pettinari M. Forty years of Oxalobacter formigenes, a gutsy oxalate-degrading specialist. Appl Environ Microbiol. 2021;87(18):e00544-00521. doi: 10.1128/AEM.00544-21.
- Batagello CA, Monga M, Miller AW. Calcium oxalate urolithiasis: a case of missing microbes? J Endourol. 28. 2018;32(11):995-1005. doi: 10.1089/end.2018.0294.
- 29. Ariceta G, Collard L, Abroug S, Moochhala SH, Gould E, Boussetta A, Ben Hmida M, De S, Hunley TE, Jarraya F, et al. ePHex: a phase 3, double-blind, placebo-controlled, randomized study to evaluate long-term efficacy and safety of Oxalobacter formigenes in patients with primary hyperoxaluria. Pediatr Nephrol. 2023;38(2):403-415. doi: 10.1007/s00467-022-05591-5.
- Fargue S, Suryavanshi M, Wood KD, Crivelli JJ, Oster RA, Assimos DG, Miller A, Knight J. Inducing oxalobacter formigenes colonization reduces urinary oxalate in healthy adults. Kidney Int Rep. 2025;10(5):1518.
- Jiang J, Knight J, Easter LH, Neiberg R, Holmes RP, Assimos DG. Impact of dietary calcium and oxalate, and 31. Oxalobacter formigenes colonization on urinary oxalate excretion. J Urol. 2011;186(1):135-139.
- Callahan BJ, McMurdie PJ, Rosen MJ, Han AW, Johnson AJA, Holmes SP. DADA2: high-resolution sample inference from Illumina amplicon data. Nat Methods. 2016;13(7):581.
- Balvočiūtė M, Huson DH. SILVA, RDP, Greengenes, NCBI and OTT-how do these taxonomies compare?BMC Genomics. 2017;18(2):114. doi: 10.1186/s12864-017-3501-4.
- 34. Schliep KP. phangorn: phylogenetic analysis in R. Bioinformatics. 2011;27(4):592-593. doi: 10.1093/ bioinformatics/btq706.
- 35. Li H. Aligning sequence reads, clone sequences and assembly contigs with BWA-MEM. arXiv preprint arXiv:1303.3997. 2013.
- 36. Khammar N, Martin G, Ferro K, Job D, Aragno M, Verrecchia E. Use of the frc gene as a molecular marker to characterize oxalate-oxidizing bacterial abundance and diversity structure in soil. J Microbiol Methods. 2009;76(2):120-127. doi: 10.1016/j.mimet.2008.09.020.
- Kodama T, Akakura K, Mikami K, Ito H. Detection and identification of oxalate-degrading bacteria in human feces. Int J Urol. 2002;9(7):392-397. doi: 10.1046/j.1442-2042.2002.00488.x.
- Love MI, Huber W, Anders S. Moderated estimation of fold change and dispersion for RNA-seq data with DESeq2. Genome Biol. 2014;15(12):1. doi: 10.1186/s13059-014-0550-8.

- McMurdie PJ, Holmes S. phyloseq: an R package for reproducible interactive analysis and graphics of microbiome census data. PLoS One. 2013;8(4):e61217. doi: 10.1371/journal.pone.0061217.
- Anderson MJ. Permutational multivariate analysis of variance (PERMANOVA). In Wiley statsref: statistics reference online. 2014. p. 1-15.
- 41. Lozupone C, Hamady M, Knight R. UniFrac-an online tool for comparing microbial community diversity in a phylogenetic context. BMC Bioinformatics. 2006;7(1):1. doi: 10.1186/1471-2105-7-371.
- 42. Holmes RP, Goodman HO, Assimos DG. Contribution of dietary oxalate to urinary oxalate excretion. Kidney Int. 2001;59(1):270-276. doi: 10.1046/j.1523-1755.2001.00488.x.
- Mukherjee SD, Batagello C, Adler A, Agudelo J, Zampini A, Suryavanshi M, Nguyen A, Orr T, Dearing D, Monga M, et al. Complex system modelling reveals oxalate homeostasis is driven by diverse oxalate-degrading bacteria. eLife. 2025;14:RP104121.
- Miller AW, Kohl KD, Dearing MD. The gastrointestinal tract of the white-throated woodrat (Neotoma albigula) harbors distinct consortia of oxalate-degrading bacteria. Appl Environ Microbiol. 2014;80(5):1595-1601. doi: 10.1128/AEM.03742-13.
- Ren Z, Pan C, Jiang L, Wu C, Liu Y, Zhong Z, Ran L, Chen X, Wang Y, Zhu Y, et al. Oxalate-degrading 45. capacities of lactic acid bacteria in canine feces. Vet Microbiol. 2011;152(3-4):368-373. doi: 10.1016/ j.vetmic.2011.05.003.
- Magwira C, Kullin B, Lewandowski S, Rodgers A, Reid S, Abratt V. Diversity of faecal oxalate-degrading bacteria in black and white South African study groups: insights into understanding the rarity of urolithiasis in the black group. J Appl Microbiol. 2012;113(2):418-428. doi: 10.1111/j.1365-2672.2012.05346.x.
- 47. Mukherjee SD, Suryavanshi M, Knight J, Lange D, Miller AW. Metagenomic and phylogenetic analyses reveal metabolic cooperation and rapid evolutionary divergence surrounding oxalate-degrading genes in the gut microbiota. mSphere. 2025;10:e00913-24. 10.1128/msphere.00913-24.
- Al-Kabe SH, Niamah AK. Current trends and technological advancements in the use of oxalate-degrading bacteria as starters in fermented foods—a review. Life (Basel). 2024;14(10):1338.
- Al-Kabe SH, Niamah AK. Oxalate degrading screening and probiotic properties of lactic acid bacteria isolates. 2025. p. 012121. IOP Publishing.
- 50. Gomaa EZ. Human gut microbiota/microbiome in health and diseases: a review. Antonie Van Leeuwenhoek. 2020;113(12):2019-2040. doi: 10.1007/s10482-020-01474-7.
- Fan Y, Pedersen O. Gut microbiota in human metabolic health and disease. Nat Rev Microbiol. 51. 2021;19(1):55-71. doi: 10.1038/s41579-020-0433-9.
- Barkhidarian B, Roldos L, Iskandar MM, Saedisomeolia A, Kubow S. Probiotic supplementation and micro-52. nutrient status in healthy subjects: a systematic review of clinical trials. Nutrients. 2021;13(9):3001. doi: 10.3390/ nu13093001.
- Rogers NJ, Mousa SA. The shortcomings of clinical trials assessing the efficacy of probiotics in irritable bowel syndrome. J Altern Complement Med. 2012;18(2):112-119. doi: 10.1089/acm.2011.0015.
- Elazab N, Mendy A, Gasana J, Vieira ER, Quizon A, Forno E. Probiotic administration in early life, atopy, and asthma: a meta-analysis of clinical trials. Pediatrics. 2013;132(3):e666-e676. doi: 10.1542/peds.2013-0246.
- 55. Ceccherini C, Daniotti S, Bearzi C, Re I. Evaluating the efficacy of probiotics in IBS treatment using a systematic review of clinical trials and multi-criteria decision analysis. Nutrients. 2022;14(13):2689. doi: 10.3390/ nu14132689.
- Meijerink M, Mercenier A, Wells J. Challenges in translational research on probiotic lactobacilli: from in vitro 56. assays to clinical trials. Benef Microbes. 2013;4(1):83-100. doi: 10.3920/BM2012.0035.
- Liu Y, Jin X, Ma Y, Jian Z, Wei Z, Xiang L, Sun Q, Qi S, Wang K, Li H, et al. Short-chain fatty acids reduced 57. renal calcium oxalate stones by regulating the expression of intestinal oxalate transporter SLC26A6. Msystems. 2021;6(6):e01045-e01021. doi: 10.1128/mSystems.01045-21.
- Choy WH, Adler A, Morgan-Lang C, Gough EK, Hallam SJ, Manges AR, Chew BH, Penniston K, Miller AW, Lange D. Deficient butyrate metabolism in the intestinal microbiome is a potential risk factor for recurrent kidney stone disease. Urolithiasis. 2024;52:38. doi: 10.1007/s00240-024-01534-x.