

2023 Annual CAIRIBU Meeting Summary



*Collaborating for
the Advancement of
Interdisciplinary
Research in Benign
Urology*

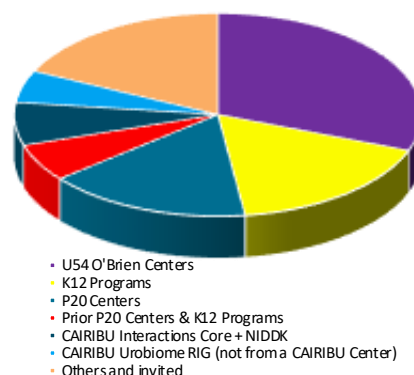
2023 Annual
CAIRIBU Meeting
Kansas City, MO
Nov. 28 – Dec. 1



Meeting Attendance

The 2023 CAIRIBU meeting was the largest meeting to-date. One-hundred and seventeen investigators registered for the meeting representing 36 institutions. Thirty-one percent of registrants were from a U54 O'Brien Center, 17% were currently associated with a K12 program, and 16% were associated with a currently funded P20 Center (**Figure 1**). **Figure 2** distributes meeting attendees by primary credential – 26% of registrants were students.

Figure 1. CAIRIBU Meeting Participants by Affiliation



Meeting Evaluation

Respondents

Survey respondents (n=44) included established investigators (36%), students (25%), early stage investigators (9%), post-docs (9%), K12 Scholars (7%), research support personnel (5%) and other (9%).

Meeting Sessions

All scientific sessions (SSs) were highly ranked by survey respondents (**Table 1**). **Suggestions & comments:** Respondents were clear that they do not favor a lunch presentation for future meetings. Several respondents (n=5) noted that they would like to see more talks given by graduate students or early stage investigators. Some respondents suggested a shorter second day or a longer break in the middle and others suggested including more time for discussion after the scientific sessions. One respondent noted that some talks did not fit well within the identified scientific sessions, making it difficult to facilitate a synthesized discussion.

Figure 2. CAIRIBU Meeting Participants by Degree

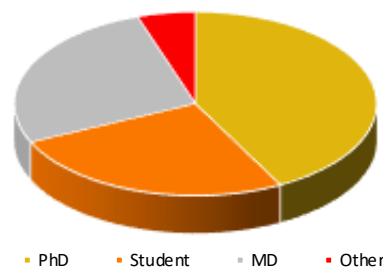


Table 1. Satisfaction with scientific sessions, speakers, networking sessions, and poster sessions

| Session | Excellent | Good | Fair | Poor |
|--|-----------|------|------|------|
| SS 1: Training the next gen of leaders in non-malig GU science | 65% | 23% | 10% | 2% |
| SS2: Aging processes and effects | 53% | 43% | 2% | 2% |
| SS 3: Immune and infectious pathologies | 69% | 24% | 7% | 0% |
| SS 4: Mucosal and epithelial pathologies and processes | 63% | 37% | 0% | 0% |
| SS 5: Extracellular pathologies and processes | 70% | 26% | 4% | 0% |
| SS 6: Stromal processes and pathologies | 78% | 22% | 0% | 0% |
| SS 7: Neuro-urological process and effects | 73% | 24% | 3% | 0% |
| Keynote speaker | 68% | 22% | 10% | 0% |
| Trainee & ESI networking session | 39% | 50% | 11% | 0% |
| Main networking and interactions session (round 1) | 64% | 33% | 3% | 0% |
| Main networking and interactions session (round 2) | 76% | 21% | 3% | 0% |
| Lunch presentation | 37% | 32% | 14% | 17% |
| Poster session | 76% | 22% | 2% | 0% |

Networking Sessions

Over 2 days, the CAIRIBU Meeting hosted 14 different networking and interactions sessions. The first day included networking sessions focused on trainees and early stage investigators. The second day included two rounds of networking sessions (Figure 3). All networking sessions were well-ranked on the evaluation form (Table 1). **Suggestions** from respondents include eliminating back-to-back networking sessions and increasing the time dedicated for the networking sessions.

14 Networking sessions

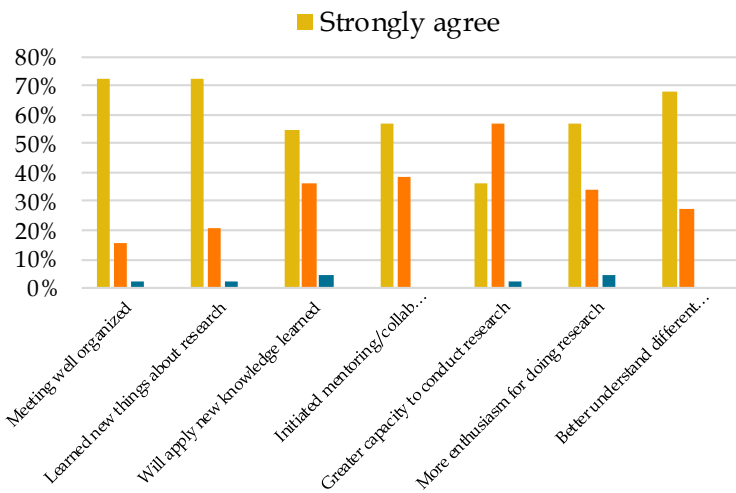
Figure 3. Networking session list

- General networking sessions (round 1):**
- *Stemming the academic brain drain
 - *Forming and maintaining MD-PhD collaborations
 - *The future of non-malignant urology research
 - *The role of patients and patient orgs in urology research

- Trainee & ESI networking sessions:**
- *Developing & Using IPDs
 - *Practice Your Chalk Talk
 - *Pitch a Research Question
 - *Research Jam

- Research interest group networking sessions (round 2):**
- *Aging in the LUT
 - *Animal models
 - *Diversity, equity & inclusion
 - *Neuro-urology
 - *Urobiome
 - *Urolithiasis

Figure 4. Meeting satisfaction and impact



Meeting Satisfaction & Impact

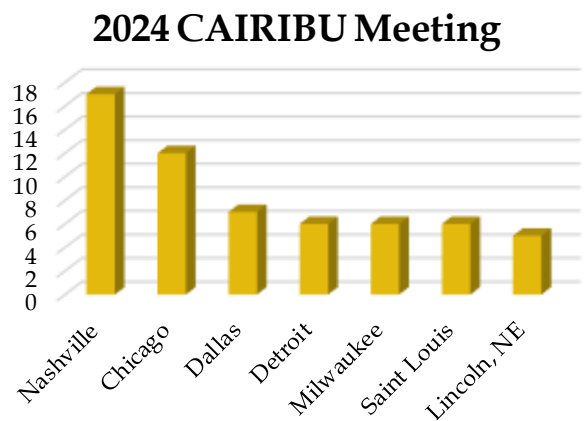
Overall, meeting respondents strongly agreed that the meeting was organized well, that they learned new things about each other's research, that they will apply the information they learned, that they had the opportunity to initiate collaborative relationships, that the meeting enhanced their capacity and enthusiasm for doing research, and that the meeting enhanced their ability to understand other disciplinary perspectives in benign urology research (Figure 4).

"The way the CAIRIBU meeting engages people from across the career spectrum and research breadth is above and beyond excellent and a true example for other research communities to emulate."

2024 Meeting Location

The majority of respondents would like to see the 2024 Annual CAIRIBU Meeting in Nashville (n=17), followed by Chicago (n=12). The least desirable location was Lincoln, NE (Figure 5).

Figure 5. 2024 Meeting location



Future Scientific Session Suggestions

- *Innovation, machine learning, and AI in benign urology research
- *Gaps in science and areas for research and expansion
- *Talk highlighting available resources such as NIH repositories

What do investigators hope to learn or gain from their participation in CAIRIBU?

To guide next year's planning committee for the Annual CAIRIBU Meeting, below is a list of things that investigators hope to learn or gain from their participation in CAIRIBU. **The Annual CAIRIBU Meeting is just one of the mechanisms for providing learning and networking opportunities to CAIRIBU-affiliated investigators.**

- *An understanding of the research landscape
 - *Professional development
 - **Better understanding of the science
 - *Access to resources
 - *Feedback on scientific work
- *Connection and opportunities to network with others in the field

New Games & Networking Opportunities

CAIRIBU Cornhole Tournament

Wheel of (Fortune) Urology

Dinner out on the town

Meeting summary prepared by Jennifer Allmaras, MPH

CAIRIBU Interactions Core (U24-DK-127726)

Kristina Penniston, PhD, RDN Director/Principal Investigator

Jennifer Allmaras, MPH Research Program Coordinator

Mariana Coughlin, MS Research Communications & Outreach Specialist

Anna Barrett Student Research Assistant



University of Wisconsin School of Medicine and Public Health, Department of Urology, Madison, WI

CAIRIBU Interactions Core email: CAIRIBU@urology.wisc.edu