



Compliance with WPATH requirements for gender-affirming surgery—including mental health provider support—is improved with establishment of a transgender health clinic.

METHODS

- Retrospective review of all patients in our system with a diagnosis of gender dysphoria between 2015 and May 2021.
- Our institution opened up a comprehensive transgender health clinic in July 2018.
- Charts were reviewed for any gender affirming surgical procedures, including both genital and non-genital surgery.
- Surgical patients were further reviewed for evidence of meeting all WPATH criteria prior to surgery.

RESULTS

- A diagnosis of gender dysphoria was identified in 2,492 patients.
 - Mean patient age was 28.9 years.
- A total of 141 patients underwent 150 different gender-affirming procedures.
 - 48 performed prior to the opening of a comprehensive transgender health clinic.
 - 102 performed after.
- Failure to comply with preoperative guidelines was due to lack of documented mental health provider support in 47/49 (96%) cases.

CONCLUSIONS

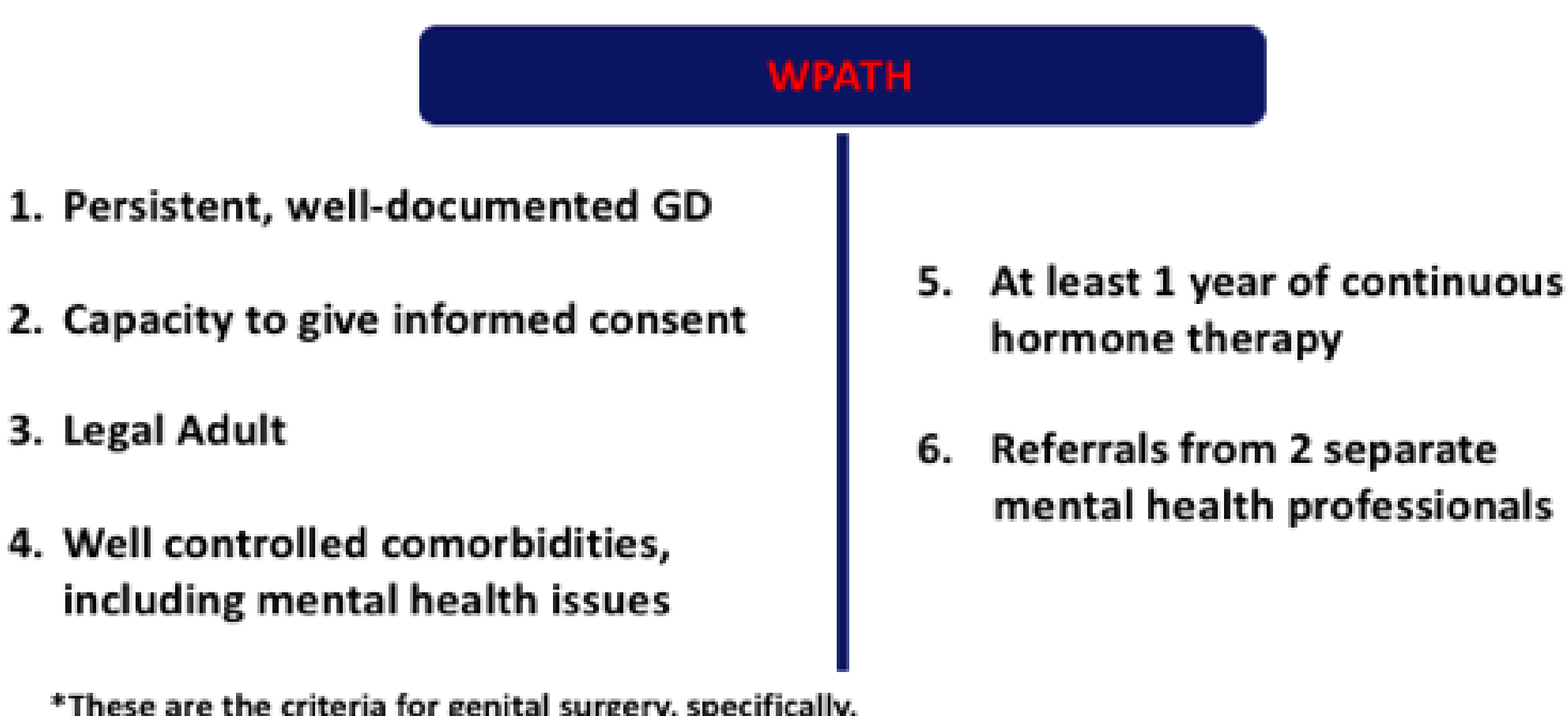
- The establishment of a transgender health clinic significantly improved WPATH compliance for patients undergoing surgical treatment of gender dysphoria.
- Non-compliance in our institution was almost exclusively secondary to lack of documented support from mental health providers.

World Professional Association for Transgender Health (WPATH) Guideline Compliance in an Academic Medical Center Before and After Establishment of a Comprehensive Transgender Health Clinic

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INTRODUCTION

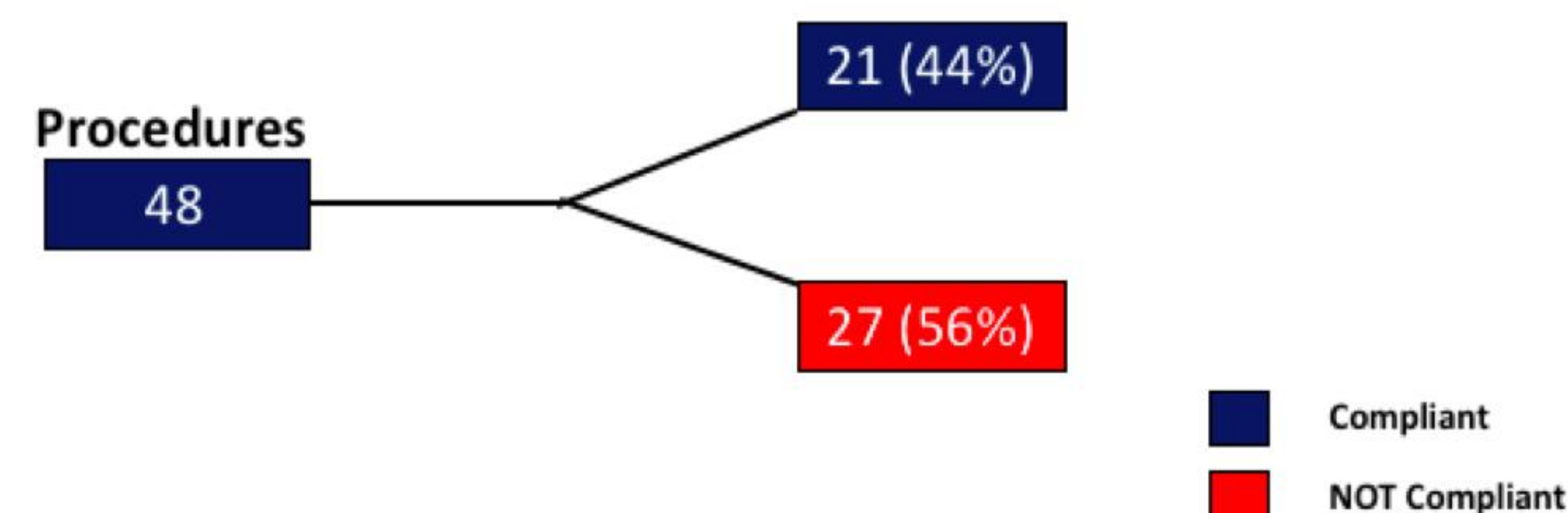
- The prevalence of gender dysphoria is approximately 0.4-1.3% worldwide.
- As gender dysphoria has become more accepted in society, the number of patients seeking transition is increasing.
- The WPATH standards of care have identified requirements that patients should meet prior to gender-affirming surgery.



SPECIFIC AIM

- We sought to determine WPATH compliance rates for patients undergoing gender affirmation surgeries before and after the establishment of a transgender health clinic in an academic medical center.

Results WPATH Compliance—Prior to Transgender Health Clinic



Results WPATH Compliance—After Transgender Health Clinic

